









Title: Healthy Mothers Healthy Babies (HMHB) Program Manager/Therapist <a href="https://www.sheppardpratt.org/careers/">https://www.sheppardpratt.org/careers/</a>

## **Summary of Responsibilities:**

Under the direct supervision of the Children, Youth and Families Division Director, oversee program operations for HMHB 20 hours/week. This includes managing caseloads, processing referrals, tracking data and generating program reports for funders and assisting the Division Director with grant applications. Carry a part-time caseload serving clients 20 hours/week. This entails a caseload of 12-15 clients. Ensure that clients served in the program receive a brief (12 sessions) mental health intervention and therapy designed to address mental health needs for women suffering from perinatal depression, utilizing evidenced based treatment modalities, such as Cognitive Behavioral Therapy (CBT). Monitor progress by administering Edinburgh Postnatal Depression Scale (EPDS) at the 1st, 4th, 8th, and 12th session. Maintain client records current and as required by COMAR documentation guidelines, and to provide prompt and accurate reports to the Division Director as required. This position requires inhome or in-community therapy around Montgomery County, MD.

## **Qualifications:**

Masters- or Doctoral-level degree, licensure as a mental health therapist in the State of Maryland, and a proven ability to meet goals and objectives with minimal supervision. This position requires strong clinical skills, the ability to provide therapy in a second language and sensitivity to multicultural issues. Experience in program management required. Fluency in English and Spanish required. Must have strong interpersonal skills, the flexibility to work in the home, community or in the office.





